

THE SILVERLEAF SUPPORTER

A newsletter promoting awareness of sexual violence & child abuse in our communities.



Our mission is to promote the health and well-being of our communities by overcoming the impact and prevalence of sexual trauma through service, education, and leadership.



FROM THE DIRECTOR

Fall is my favorite time of year (but no, I'm not a pumpkin spice fanatic). However, before jumping headlong into falling leaves, boots, and sweater weather, I want to stop and appreciate what happened this summer here at Silverleaf.

In July, staff and volunteers were traveling all over the 8-county area attending open houses as students prepared to return to school. We attended 22 open houses! Also in July, Silverleaf and all the CACs across the state rolled out the Multidisciplinary Enhance Project. The goal of this project is to help identify children and families who meet the criteria for services at Silverleaf and help them access the help they need. We have onboarded Grayson and Larue Counties. The goal is to have all 8 counties onboarded by July 2024.

In August, Emily Neel, Amie Messman and I attended the National Sexual Assault Conference in San Francisco, CA. We were able to learn from centers across the nation and gather ideas to bring back to Silverleaf. (And we were able to sneak in some sightseeing adventures).

In September, we wrapped up our second Cocktails and Concerts fundraiser and said goodbye to Big Jillian. We have some exciting things happening in the upcoming months, so don't miss out on the next edition.

SAVE THE DATE

Our BUILT TO THRIVE Art Fundraiser is back for 2024!



4.20.2024

SERVICES

- Community Outreach
- Crisis Intervention
- Forensic Interviews
- Medicals
- Information & Referrals
- Mental Health Therapy
- Prevention Education
- Victim & Family Advocacy
- Volunteer Program

686

CLIENTS SERVED

3771

SERVICES PROVIDED

8676

EDUCATION PARTICIPANTS

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STAFF SPOTLIGHT



This is Christopher Clan, one of the therapists at Silverleaf. Chris also holds a position as a youth minister at a church in Grayson County. When Chris is finished with work, he can often be found training in martial arts where he is currently a black belt in Taekwondo and a white belt in Brazilian Ju Jitsu. He attends local martial art competitions and has also competed internationally where he won a gold medal and a bronze. Chris is also a musician; he plays and teaches drum set on the side and plays multiple other instruments including the piano, kalimba, marimba, ocarina, harmonica, and more. He also has a bucket list of instruments that he wants to learn to play.

Some of Chris' other hobbies include playing Dungeons and Dragons, reading, playing video games and board games with friends, and attending various concerts. Like other parts of Chris' personality and interests, his taste in music is very eclectic. He has seen several classical performances and operas and he also attends heavy metal music festivals every year. Chris' multiple interests can be

seen throughout his office with Pokémon hanging on the walls, a Winnie the Pooh wax warmer, items from various comic books, and his unique fidgets.

Chris would tell you that he is passionate about his work and the people he gets to help. "I enjoy working with people to heal from the things that have happened to them. Making it to where those traumas are no longer a hindrance in their lives, and they can focus on having the life they want to have." Chris has been with Silverleaf for a little over 4 years now. He primarily works with our teen and young adult population and specializes in a form of therapy called Eye Movement Desensitization and Reprocessing (EMDR). Chris believes that trauma can be healed and not just coped with.

SPECIAL THANKS

Vine Grove Firefighters Association
LaRue County Government
City of Elizabethtown
Breckinridge County Government
First Christian Church, Elizabethtown
Norma Hatfield
Kroger



In July, we celebrated National Forensic Interviewers Week. Silverleaf is beyond thankful for their forensic team and everything they do.

Pictured L to R: Dr. Jillian Carden, Bonnie Wheeler, Dr. Kimberly Mudd, Cathy Brown, Jamie Wathen

CELEBRATING SUCCESS

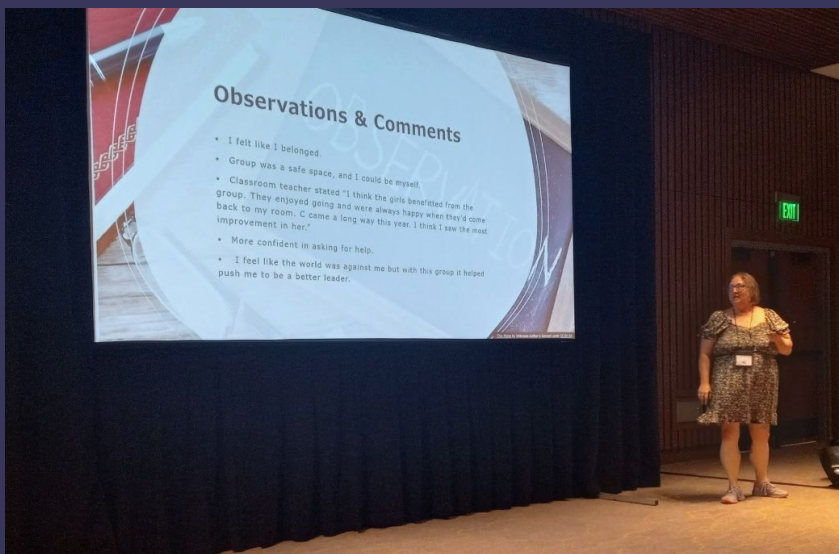
Silverleaf operates a 24/7 hotline that provides access to crisis counselors who can assist clients in moments of crisis. Those who answer the hotline and provide crisis intervention may never know if they have made a difference unless the client tells us. This quarter, one of our therapists reported the following:

One of their clients called the crisis line over the weekend when she was needed some extra support. She wanted to extend her thanks to our staff member who took the time to help her feel supported and make sure she was safe. The client reported that their previous experiences with crisis lines has not been good, but Silverleaf handled her call in a caring and helpful manner.

Another staff member answered a crisis call of a current therapy client and was able to de-escalate the situation and get that client in for an appointment that very afternoon.

Silverleaf staff are amazing and always go the extra mile to help clients, even when they don't have direct contact with clients every day. This shows that the work of every team member is valuable and necessary.

COMMUNITY



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CHAT: TEXT 'HELLO' TO 270.81.VOICE

